

# Kathy Sinclair

---

**Objective** Critical Care Nursing with career emphasis on Trauma management, education and research.

**Experience** 2010- present Delta Hospital Ladner, BC

**Emergency /PAR/Operating Room Nurse**

- Promote the teaching of patients/families about illness/prevention, health maintenance, etc.
- On-going skills of cardiology, stroke, palliative care, geriatrics, medicine
- Added skills of ventilator management after hours due to lack of respiratory therapists
- Transfer critical patients to appropriate facilities and manage patients during transfer ( CPR, hemodynamics etc)
- Renewed ACLS certification
- Attended Fraser Health Authority course on pediatric resuscitation
- Working casual shifts in post anesthetic recovery room
- Attended British Columbia Institute of Technology Perioperative Program, Jan- July 2007.
- Presently working in Delta Hospital Operating Room as well as ER.
- ACLS ( recertification of Advanced Cardiac Life Support)-Oct-09

2006-present Vancouver General Hospital Vancouver, BC

**Emergency Nurse Clinician**

- On-going skills of trauma management, cardiology, burns, spinal cord injuries, neurology, acute stroke, surgery, medicine, palliative care.
- Provide leadership in evidence based nursing practice, recommending changes to existing standards of practice when required and encouraging staff to 'raise the bar' of their own clinical practice.
- Promote the teaching of patients/families about illness/prevention, health maintenance, etc.
- Teach staff and/or patients/families and evaluate reference material used in teaching and different methods used.
- Coordinate the introduction of new skills/procedures through education sessions as required.
- Coordinate and participate in quality improvement and risk management initiatives in the department i.e.: chart audits, incident trends
- Promote research based practice through collaboration with other clinicians and nurse educators as well as networking through conferences and educational opportunities.

- Active member on different committees within hospital such as Clinical Excellence Group, Nursing Practice Advisory Committee, Medication Safety, Clinical Electronic Documentation Committee, Organ Donation Committee.
- Develop clinical learning tools to assist staff with new or more acute procedures (i.e.: pocket cards).
- ER representative for the Organ Donation Collaborative, a National initiative to examine the organ donation process across Canada.
- Certification in Grief Counseling and Thanatology

2005-2000 BC Transplant Society Vancouver, BC

**Organ Donation Specialist**

- Receive, evaluate donor referrals from BC centers as well as other transplant programs across North America
- Provide transplant surgeons with information on potential donors and arrange team for actual retrieval.
- Organize investigative screening procedures and diagnostic tests
- Participate in OR/perfusion of organs and transfer retrieved organs to the appropriate transplant centers
- Liaise with other transplant programs across Canada
- Interact with families of potential organ donors, provide information about organ donation, and follow up information after organ retrieval.
- Provide public and professional educational sessions to promote organ donor awareness, donor management
- Participation in research projects with other health care professionals.
- Developed bereavement package for donor families
- Developed Donor Family Support Program for BC
- Presented a BC Palliative and Hospice Association Conference re: Donor Family Support

2008-2000 Ladner, BC

**Legal Nurse Consultant**

- Completed Legal Nurse Consultant Certification course through Canyon College- January 2001
- Certification as Specialist in Legal Nurse Consulting through the American College of Legal Nurse Consulting- March 2001
- Consultant work for local lawyers re: personal injury case
- Certificate in Forensic Sciences- Mount Royal College

2005-1999 Vancouver General Hospital Vancouver, BC

**Emergency Nurse**

- On-going skills of trauma management, cardiology, burns, spinal cord injuries, neurology, surgery and medicine.

- Code Blue Course- defibrillation certification
- ACLS re-certification (Advanced Cardiac Life Support)
- In house triage course
- Attended ER/ Trauma Conferences on ongoing basis

2000-1997                      Self- Employed                      Ladner, BC

**Critical Care Case Manager**

- Self employed, contracted with Medipac International (1997-1998). Active Claims Management- (1998-2000).
- Medical case management for people of Bermuda, Grand Caymans, Bahamas.
- Assist with arranging and accessing health care (ie: diagnostic tests, surgery overseas).
- Act as a liaison between the clients, MD's, other health professionals, hospital management, finance departments.
- Cost containment- assisting clients with access to the best possible health care

1999-1991                      Hamilton General Hospital                      Hamilton, Ontario

**Emergency Nurse**

- Acquired skills in trauma management, cardiology, burns, general medicine, orthopedics and surgery
- 1998-Recertification of ACLS
- 1997- BTLS Instructor Course- ongoing instructing of BTLS course
- Preceptor for McMaster and Mohawk nursing students in ER
- 1996- ATLS (Advanced Trauma Life Support) course, audited
- 1995- ACLS (Advanced Cardiac Life Support) certification
- 1993-BTLS (Basic Trauma Life Support) certification
- 1991- Critical Care Course through Hamilton General Hospital

1991-1988                      Hamilton General Hospital                      Hamilton, Ontario

**General Staff Nurse**

- Monitoring cardiac patients, reading and performing ECG's
- Patient teaching in areas of diabetes, cardiology, respirology
- Step Down Unit- caring for seriously ill patients on cardiac monitors, post myocardial infarctions and monitoring CVP, Hickman catheters, TPN

1987-1983                      St. Thomas- Elgin General Hospital, St. Thomas, Ont.

**Laboratory Technician Assistant**

- Proficient in venapunctures and specimen collection from a variety of patient situations (ICU, ER, CCU, Outpatient Lab).
- Learned valuable interpersonal communication skills

- Learned to interpret lab values

**Education**

- 1998-1984          McMaster University          Hamilton, Ontario
- Bachelor of Science in Nursing, McMaster University
  - Graduated Summa Cum Laude

**Current Licenses**

- Registered Nurses Association of British Columbia
- Certification as Clinical Specialist in Legal Nurse Consulting
- Certificate in Forensic Studies (Mount Royal College, Alberta).
- Grief Counseling and Thanatology Certificate (Canyon College, Iowa)

**Activities and Interests**

- Committee Member for Golf for Life- Medical fundraising event
- Committee Member for establishment of Mark Preece Family House- 1999
- Organized Run for Retinoblastoma- 1998-1995- charity run raising funds for cancer research
- Volunteer as teacher's aid- working with children with learning disabilities in Grade 2
- Member of Medical Relief Team- traveled to rural Jamaica October 1990
- Volunteer with Red Cross Senior's Program- transportation to events, MD appointments
- Certified Canadian Ski Patroller 1993-1990
- Active in many athletic activities: avid runner, mountain-biking, skiing, swimming, hiking, snowboarding

REFERENCES AVAILABLE UPON REQUEST